

TRANSCEND

News is dark. Events in the U. S. and around the world are riddled with the slaughter of innocence. Fear is the commodity of politics.

Sometimes you just have to:
Find your Buddha. Maintain your Zen. Be your Yogi. Hold your Intention.
Transcend.



Oh, sure. Easy.

We can look to nature. To find beauty. Though. With a depressed mind. We see angry, violent and destructive storms. Animals fighting for their territory in suburban neighborhoods. And. Nature reconstructed for commercial gain.

Find your Buddha - maintain your Zen.
Be positive. Be proactive.
A little help - maybe?

Within the connective essence of the plants. There lies a substance that can transmit through olfactory memory.
Hold your Intention. Transcend.
Communication through fragrance.

The tall pines, spruce, cedars and fir. Dispersing their needle oils.



Diffusing the environment with strength. And purpose. Opening the respiratory channels.

The sage and resins of the desert. Relieving the senses of overload. Letting go. Easing the mind of chatter - no “monkey mind.” Clarity through emptiness.

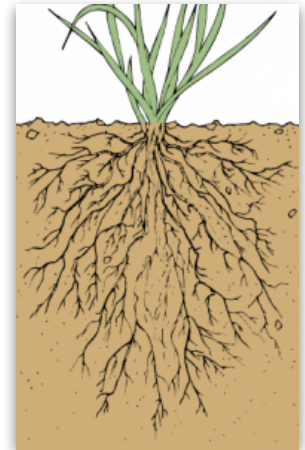


Encompassing the life force. The sun. Encased in the fruit peel. The flowers.



Neroli - bitter orange (*Citrus aurantium*) flowers

Solid foundations provided by roots. Stability. Grounded. Secure.



Vetiver (*Vetiveria zizanioides*) root

Find your Buddha. Transcend.
Maintaining your Zen. Blend these oils with the intention of a Shamen.

Vetiver
Cedarwood
Spruce
Sage
Neroli
Lemon

Breathe. Deeply. Wear this as your fragrance. Diffuse. Anoint. Pray.
Meditate.

Whatever.
Intention. **Transcend.**